Farewell to Summer 2019
Message from LWSA President Alan Himmer

Another sailing season is behind us, and wow was it amazing. Once again, the capable young new staff, seasoned veteran young adult staff, our Sailing School Director Amy Tripp, and a group of volunteers indispensable to the program came together to deliver a season of sailing school bigger and better than any that has come before. Once again, the PHRF Fleet led by Jay Norden and a group of committed members and volunteers have come together to produce a PHRF season that was fun and social, but more than that - they raised more than ever before for the LWSA Scholarship Fund and sailed with more Camp Resilience veterans. Once again, J/80 Fleet One led by Captain Dave Stowe and made possible by a committed race committee, volunteers, crews, and skippers put on a very professional J/80 season, but to top of it off hosted the J/80 North American Championships.

This has been an amazing year in every aspect. We have brought sailing to more kids and brought LWSA to more adults than ever before. This has been thanks to the aforementioned volunteers and also thanks to our supporting members - who give their money and time to make LWSA happen. Membership is at an all-time high, but can be higher and I will keep working at ideas to boost membership and bring more people into this very special organization and community.

Underpinning our financial stability, which lets us not only live hand to mouth, season to season, but also plan for necessary repairs and boat replacements, is one major item which I do not want anyone to overlook - used boat donations and sales. Al Posnack has been developing this line of business for LWSA single-handedly, with help from a few of the board from time to time, and it is the single biggest income that LWSA has (apart from sailing school tuition fees.) Al really badly needs a couple of understudies to process boat donations or to help with boat sales - any amount of time that you can give will be a great help. It might just be a few phone calls or being available to tow one trailered boat once in a while or helping Al wash down a donated boat, but every bit helps and a small group of people sharing this can mean very little time or effort from each one.

So, another sailing season is behind us, and a great future is in front of us. If you are reading this, it means you care and you probably are already one of the people who is a member and/or volunteer and/or a donor to the
Scholarship Fund and/or a committed parent bringing your children to sailing school every summer and enjoying the Annual Lobster Dinner. Thank you, keep helping and I hope you’ll help more if you can. I also hope that you will spread the message far and wide, by voice and by Facebook, that up at Lake Winnipesaukee there is something very special going on - and your friends, neighbors, co-workers, and other families whom you know should be a part of it too next summer.

Sailing for Good,
Alan Himmer, LWSA President

Getting ready to launch the Sailing School Fleet

Camp Resilience Sail
LWSA Donated Boats Program

As a non-profit, the LWSA is fortunate to receive a variety of donated boats from generous supporters in the area. Occasionally we use them in our youth sailing program, but more often we sell them to help benefit this program, which has exposed thousands of kids to sailing since 1988.

We typically sell these boats below market price - a practice that is not only consistent with our mission but also helps us to move them quickly!

Below is our current inventory. We would be happy to show you these boats or answer any questions you may have. Please email us at boats@lwsa.org.

If you're interested in donating a used boat, please contact us at boats@lwsa.org as well.

Boats Currently Available
Please see website for pics and details (lwsa.org/buy-a-boat)

<table>
<thead>
<tr>
<th>Boat Description</th>
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<tr>
<td>Optimist Pram</td>
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To Donate/Buy or Help with donated boats: al@lwsa.org

Al Posnack
2019 Lake Winnipesaukee Sailing Association Annual Meeting

The 2019 Lake Winnipesaukee Sailing Association Annual Meeting was held on October 12th at the Governor’s Island Club clubhouse. Attended by 55 members and guests who enjoyed a buffet served by Fratello’s, the meeting was conducted per the Agenda set by President Alan Himmer. Kevin Hayes read the minutes of the 2018 Annual Meeting, which were accepted by voice vote. Bob Knowles, filling in for treasurer Guy Nickerson, reviewed the financial health of the organization and noted the contribution by Al Posnack (boat pimp extraordinaire) who, by selling donated boats, has boosted the Capital Improvements fund to almost $60,000! Awards were presented by Jay Norden to the PHRF fleet and by Dave Stowe to the J/80 fleet. Election of a Board of Directors for the upcoming year included:

Alan Himmer President
Guy Nickerson
Kevin Hayes
Jeff Rabinowitz
Dave Stowe
Jay Norden
Hayden McLaughlin
Conor Hayes
Liam Shanahan
Kim Scamman

The slate of members was approved on a voice vote. Officers (below President) from this slate will be elected to positions at the monthly meeting in November.

Kevin Hayes, Secretary
Questions for the Board of Directors: board@lwsa.org

Do you know...........

Dave and Sandy Mackey? They were co-founders of the Lake Winnipesaukee Yacht Racing Association in the early 1980’s. Dave served as the Commodore early and Sandy formed The Youth Sailing Committee that created the Youth Sailing Program. We were pleased they joined us for the LWSA Annual Membership Meeting and Awards Dinner on October 12.

The Lake Winnipesaukee Sailing Association received recognition in two categories by popular vote in the annual Best of the Lakes Region competition presented by the Bank of New Hampshire. We were voted the Best Volunteer Organization and the Best Yacht Club.

If you are not yet signed up for frequent updates on LWSA news you can sign up at lwsa.org and select the “Sign Up For News” button on the home page.

LWSA clothing makes great Christmas gifts. Visit us online at lwsa.org and navigate to the LWSA Store for LWSA Merchandise.

Remember us when you order on Amazon. Amazon Smile You Shop at Amazon.com - Amazon Donates 0.5% to LWSA! You can help support the LWSA for free by using this link to shop at Amazon.com. LWSA will receive a 0.5% donation from Amazon. You get to shop and support a great organization at the same time - how cool is that? Thanks for your support!
“This year was an interesting and exciting year for J/80 Fleet 1.”
  -Dave Stowe, Fleet 1 Captain

Our racing season usually includes 18 days or nights of racing. This year, Winnipesaukee Yacht Club’s Commodore’s Cup was included in the schedule, bringing the total to 20 scheduled days of racing; but, because of T-storms, no wind, and the 4th of July week off, we had a stretch of five weeks with no races at all! The good news is we had eleven boats on the line, a slight uptick from last year’s ten.

This year’s Boat of the Year Award went to Conor Hayes and the crew of More Gostosa.

Fleet 1 was chosen to host the 2019 J/80 North American Championships, which were held September 20-22. It was the first time since 2006 the event was held on Lake Winnipesaukee. With the backing of the LWSA Board and a tremendous amount of help from the members of the Winnipesaukee Yacht Club we had, by all accounts an extremely successful event. The only problem we experienced was a lack of wind. We bobbed for 6 hours on Saturday before races were cancelled for the day, and between Friday and Sunday, we only completed 4 races. Nevertheless, by any measure it was a great success. We had a total of 11 travelling boats join us, the same number as in 2006 NAs, and it included crews and boats from Canada, Seattle, Austin, Annapolis, as well as Maine and Massachusetts.

The First Place Prize went to Aegir from Marion, MA.

The 2020 season is something to look forward too. The season begins with the J/80 North Americans in Annapolis May 15-17 and the season will end with the J/80 World Championships in Newport, RI September 28-October 3.
In between these major events, we will have our usual series of Thursday night races all season long.

Fleet 1 is looking forward to the additions of three more boats to our fleet in 2020, bringing the total to fourteen.

For now, the boats are tucked away for the winter; but many a skipper is dreaming of ways to make their boats even faster next year.

2019 PHRF Annual Report

-Jay Norden, LWSA PHRF Coordinator

Now that the boats are under the canvas for a long winter, it's time to remember the great times that the LWSA PHRF Fleet had this past year. Over the course of the year, the LWSA sponsored five events including the Spring Into Summer Regatta, Scholarship Poker Run, Frying Pan Race, Labor Day Weekend Regatta and the LWSA End of Season Regatta in coordination with the Fay's Boat Yard Race.

The year began with the annual Spring Into Summer Race held on June 8. The event had spirited competition but light winds to start the race. In the Cruising A Division first place went to Jean Pierre Czech on Czech Mate, second to Jerry Slagle on Been There, third to Pierre Angier on Mojo. In the B Division, first place went to Jay Norden on Claddagh, second to Mark Sinofsky on Sugar Mountain and third to Keith Spaulding on Pain Killer. After a nice day on the lake, everyone went back to the awards and get together at the LWSA Sailing Center on Davis Road for tall stories and a few laughs.

The second event of the season was the LWSA Scholarship Poker Run on June 29th. The weather forecast for the weekend scared many participants away but the diehards came out in force. All had a memorable time on the water exploring the Poker Run locations of the Paugus Bay Bridge, Indian Island, Meredith Bay Lighthouse, Weirs Boardwalk and Eagle Island. After what turned out to be excellent weather on the Lake for the day, the poker hands were distributed at the LWSA Sailing Center along with some adult beverages and potluck. Once all the poker hands were played out, awards went to Bob and Mary Knowles for the best power boat poker hand and to Keith Spaulding and Nellie Riley for the sailboats.

The LWSA Frying Pan Race was held on the traditional twice around Welch Island course on August 30th. The winds were excellent and so were the good times that were experienced by all that evening. The Race Committee of Jim Beaton on Rumours and his crew of Marty Barrett and Frank Hoell were well prepared to execute the officiating duties, while the competitors were in large numbers including 5 Spinnaker Boats and 7 Cruisers as well as 2 Ultralight Catamarans. In first place for the Spinnaker boats were Jesse Thomson and Conor Hayes on Tubby, second was Jason Blais and Heidi Kephart on Blondie, third was Pete Crosby and Hannah Crosby on He’s Back. The Cruisers order of finish was Al Posnack and Bob Knowles on Whimsy in first, second was Don Parsons and Hans Dahl on Anticipation, and third was
Keith Spaulding and Dan Frisbie on Pain Killer. Finally, in the catamaran class, in first was Brogan Hurst and Andrew Berwanger and second was Cat McLaughlin and Ella Fontenot.

On Saturday, August 31, the Labor Day Weekend Regatta was held. Winds were exceptionally good, and the sailing was exciting for all the competitors. In the Spinnaker class Bob and Kerry Long flew their spinnaker without fear and finished in first place while in the Cruising Class Bob Garland easily finished in first place on Haleakala while Keith Spaulding took second on Pain Killer and Jay Norden on Claddagh third. A great time was had by all back at the LWSA Sailing Center for awards for both the Frying Pan and Labor Day Weekend Races.
The last sailing event of the season was the combined End of the Year LWSA Race and Fays Boatyard Race held on September 28th. The winds began light but finished strong with first place going to Bob Garland on Haleakala, second to Keith Spaulding on Pain Killer and third to Jay Norden on Claddagh. The end of season awards were again held at the LWSA where stories of the season were shared with great enthusiasm.

In addition to the LWSA events, members of the LWSA PHRF fleet were also able to participate in all of the Winnipesaukee Yacht Club events including; the WYC Reverse Start Charity Event, WYC JBT Race and Auction, WYC Full Moon Classic and the WYC Commodore’s Cup. Many thanks to the WYC for including the LWSA in these great events.

After all of the year’s racing was completed, the final PHRF awards were handed out at the LWSA Annual Meeting and Banquet on October 12 at the beautiful Governor’s Island Clubhouse overlooking Lake Winnipesaukee. The LWSA PHRF Yacht of the Year Award given out each year to the skipper who achieved the best record over the season went to Keith Spaulding and Pain Killer. Keith and his loyal crew Steve Porter and Dan Frisbie had a great season participating in each of the qualifying events including; The LWSA Spring into Summer Regatta, JBT Race and Auction hosted by the WYC, LWSA Frying Pan, LWSA Labor Day Weekend Regatta, WYC Commodore’s Cup and Fay’s Boat Yard Race. The second award was the LWSA PHRF Corinthian Award which is annually given to the sailor who exemplifies the highest standards of sportsmanship and character. This prestigious award went to Donna Garland on Haleakala. Donna has been a steadfast supporter of the LWSA since its inception and has once again taken on the role of publishing the Broad Reach. Donna truly embodies the Corinthian Spirit and many congratulations go to her for this well-deserved award.

Finally, over the course of the year we had many entries and robust competitions that included the following boats and their skippers and crew as well as race committee boats:

- Haleakala /Bob Garland
- Fireworks /Brenner Fuller
- Sea Biscuit/ Dave Stowe
- Czech Mate/Jean-Pierre Czech
- Mojo/Pierre Angier
- Pain Killer/Keith Spaulding
- Shadow/Mike Curtin
- Claddagh/Jay Norden
- Rumours/Jim Beaton
- Renaissance/ Frank Hoell
- Sugar Mountain/ Mark Sinofsky
- Down-easter/Bob Knowles
- Tranquility/ Frank Cargiulo
- Almost Heaven/Marty Barrett
- Nirvana/Chuck Healey
- Done That/Jerry Slagle
- Navy Blazer/ Bob Long
- Whimsy/ Al Posnack
- Anticipation/ Don Parsons
- Tubby/Jesse Thomson
- Blondie/ Jason Blais
- He’s Back/ Pete Crosby
- Ben Crosby
- Brogan Hurst
- Andrew Berwanger
- Cat McLaughlin
- Ella Ponte.

Many thanks to the above skippers and more particularly to the crew who came out and enjoyed the lake we all love, competing in the sport we hold close.

Over the course of the season, the PHRF fleet raised 1085.00 dollars to support the LWSA Scholarship Fund which was set up to ensure that no child is ever turned away from the LWSA due to a financial need.
If you should have any questions comments or concerns with anything associated with the LWSA PHRF fleet, especially in the area of how we can improve the program and build our numbers, please do not hesitate to contact Jay Norden at 413-537-7699 or by email at jnorden@lwsa.org.

The LWSA and Camp Resilience

On September 11, the LWSA once again teamed up with Camp Resilience and the Gilford Rotary to provide an opportunity for sailors and veterans to experience a fun day together on the waters of Lake Winnipesaukee. The day began with lunch and a pre sailing brief at the LWSA Dave Adams Memorial Sailing Center followed by boarding 3 J80 racing sailboats in Smith Cove. As always, the weather gods shined upon us and gave the sailors a nice breeze to cruise among the islands of the lake. The veterans were eager to grab the tiller and experience the thrill of sailing while developing a strong team spirit. The day concluded with a delicious cookout back at the LWSA hosted by the Gilford Rotary. Many thanks to all involved and most particularly the veterans for sharing their day with us, especially on a solemn day such as 9/11. Also wanted to give shout outs to Kevin Hayes on More Gostosa, Anne LaVin and Jon Rochlis on Jolly Mon, and Al Posnack on the LWSA J80, as well as Dave Stowe and Kurt Webber on the chase boats for a great day. You can learn more about Camp Resilience whose motto is “Helping Those Who Served Bounce Back In Mind, Body and Spirit here: https://www.camp-resilience.org/

LWSA Sailing School Season Enrollment at A Record High

2019 was another banner year for the LWSA Youth Sailing School, with yet another increase in attendance. This summer the school saw 201 different kids from 156 different families, and averaged 36 kids on the water per week! With a staff of fifteen certified instructors and junior instructors, led by Executive Director Amy Tripp the school has come a long way from one instructor and four Lasers back in 1988! But most importantly, the kids had fun and learned a lot!

-Al Posnack
“The 9 weeks of camp were well attended and very successful. For me this success is not measured by the number of participants but by the quality of the program and the experience for the campers.”

-Amy Tripp. LWSA Sailing School Executive Director

Going into my 4th season as Executive Director my confidence was much higher and because of this I felt generally more organized and efficient. The season started May 28th with the most successful after school program we’ve ever had, many thanks to Kim Scammen for effectively promoting the program!

I could not ask for a more responsible, mature, fun and easy-going group of instructors. They were lead by Head Instructor Ben Crosby who continued this year to dedicate his summer to making sure the daily operations of the sailing school were top notch. He managed campers, did maintenance and repairs, promoted the camp on social media, taught classes, evaluated instructor lessons, and much more. His expertise and love of sailing makes the camp a rich and meaningful experience for staff and campers. Our 6 instructors also bring a wealth of knowledge and skill. Their attention to detail and a real desire to share sailing with young people, especially those who had never sailed.

Some of our instructors also teach adult classes and private lessons. The following was emailed to me and I would like to share it with you “I wanted to let you know that Seth did a really great job teaching last Saturday. When we started sailing, the weather was great, but as we sailed further into the lake, the weather changed to a rainstorm (in fact we ended-up with 2 rain storms -
on both sides of us), but Seth did a GREAT job navigating the storm and maneuvering us back into the cove. It was amazing. I learned a lot!!! Please share and extend our gratitude with him and your staff.” On the note of adult lessons Samih Shafique took on the majority of the lessons. The feedback from every single participant was positive! Samih is a great young man who really makes the lessons fun and interesting. I accompanied Samih with a couple in their 70’s (Dale & Shelia) who were coming back for their second season of private lessons. Samih related so well with them, striking the perfect balance of empowerment, learning and fun!

Our Junior Instructors are generally more skilled and better prepared to teach when they become instructors. This is being accomplished through changing the expectation of them to “an instructor in training mentality”. The consensus among instructors was that every JI was competent to sail any boat on windy days, that hasn’t always been true in the past. We have a great and dedicated farm team.

I’m pleased to share with you that we had a great number of children on scholarships as is part of the LWSA mission. It was wonderful to know that I was not limited on the number of scholarships I could award and there were many fabulous stories from scholarship parents and their children about how much they enjoyed learning to sail!

Thank you to the board and all volunteers for another successful season!
Share Your Talent and Philanthropy

If you would like to share your talents, time or philanthropy, the Lake Winnipesaukee Sailing Association WANTS YOU. We have immediate needs in the following areas if you would like to help keep the LWSA going strong:

- Boat maintenance (keel boats, motorboats, and class boats). You don’t have to do it all, but we could use help with any aspect. This could be anything from tightening bolts to running new lines to fixing motors to patching sails.
- Helping advertise and coordinate the Spring After-School Program. This program is our early spring program that needs someone to advertise, reach out to various Lakes Region Communities, and coordinate with our head instructor and program director.
- Helping advertise and coordinate the Community Sailing Program.
- Help coordinate and schedule adult and private lessons.
- Get involved in Youth Racing Program. We have many talented racers in our program that need some parent volunteers to get them to traveling events and coordinate our home event.
- Help form and coordinate our new Adaptive (Disabled) Sailing Program. Lots of help needed here in the development of this new initiative.
- Marketing, advertising, public relations, social media. You don’t have to own all of these, but if you could help in one aspect it would be appreciated.
- Coordinating the merchandise sales (hats, shirts, etc.).
- Building and grounds maintenance…there is always work to be done on the main building, garage, and sheds.

If you are interested in joining, donating or helping us with our operation please contact us anytime at the following:

For Sailing School: sailing-school@lwsa.org
To Donate/Buy or Help with donated boats: al@lwsa.org
Donation Related Questions: donate@lwsa.org
Membership Questions (all are welcome to join): membership@lwsa.org
J/80 Fleet One Racing/Crewing: j80fleet1captain@lwsa.org